



Personal Health Investment Today (PHIT) Act (HR 2105)

Bill Summary

Introduced: April 27, 2009

Sponsor: Ron Kind (D-WI)

Original Co-Sponsors: Earl Blumenauer (D-OR), Kevin Brady (R-TX), Zach Wamp (R-TN)

Co-sponsors (8): Barton (R-TX), Brady R. (D-PA), Carney (D-PA), Gerlach (R-PA), Gingrey (R-GA), Kaptur (D-OH), McIntyre (D-NC), Payne (D-NJ), Wexler (D-FL)

A bill to promote increased physical activity to improve health in America

PHIT expands the definition of a medical expense to include qualified physical activities as a form of prevention. Contributions to existing pre-tax medical accounts, flexible spending accounts, medical savings accounts and other medical re-imbusement accounts could be used to pay for physical activity expenses.

PHIT contributions are limited to \$1,000 for individuals and \$2,000 for families annually. PHIT does not increase existing caps on contributions to pre-tax accounts. There is a \$250 per-item cap on non-fitness/exercise equipment purchases.

Covered expenses include:

- Youth camp & physical activity fees
- Membership and dues in a health club
- Exercise/fitness classes or instruction (personal trainer)
- Sports league fees (adult and youth)
- Marathon/Triathlon registration fees
- Equipment used exclusively for participation in physical exercise/activities

Excluded expenses include:

- Expenses incurred from private clubs owned and operated by members
- Clubs offering golf, hunting, sailing and horseback riding activities
- Apparel and footwear not used *exclusively* for physical activity
- Travel and accommodation expenses associated with participation in physical activity

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